



THE WESTVIEW

# WESTVIEW LODGE MENU SAMPLE

MEAL	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	OATMEAL BACON POACHED EGGS TOAST ASST. JAMS MANDARINS PRUNES ASST. COLD CEREALS ASST. JUICES	SUNNYBOY TOAST BOILED EGGS ASST. COLD CEREALS MANDARINS PRUNES ASST. JUICES	CREAM of WHEAT TOAST BOILED EGGS ASST. COLD CEREALS MANDARINS PRUNES ASST. JUICES	OATMEAL FRIED EGGS TOAST ASST. COLD CEREALS MANDARINS PRUNES ASST. JUICES	SUNNYBOY TOAST BOILED EGGS ASST. COLD CEREALS MANDARINS PRUNES ASST. JUICES	OATMEAL TOAST BOILED EGGS ASST. COLD CEREALS MANDARINS PRUNES ASST. JUICES	CREAM of WHEAT TOAST BOILED EGGS ASST. COLD CEREALS MANDARINS PRUNES ASST. JUICES
SNACK	MUFFINS TEA, COFFEE ASST. FRUIT	MUFFINS TEA, COFFEE ASST. FRUIT	MUFFINS TEA, COFFEE ASST. FRUIT	MUFFINS TEA, COFFEE ASST. FRUIT	MUFFINS TEA, COFFEE ASST. FRUIT	MUFFINS TEA, COFFEE ASST. FRUIT	MUFFINS TEA, COFFEE ASST. FRUIT
LUNCH	SALAD BAR  SOUP DU JOUR  CHICKEN SALAD FRESH BUNS  ICE CREAM  TEA, COFFEE, JUICE	SALAD BAR SPAGHETTI OR ITALIAN CHICKEN HERB ROASTED FRESH CARROTS GARLIC TOAST  COCONUT PUDDING TEA, COFFEE, JUICE	SALAD BAR CHICKEN KIEV OR BAKED HADDOCK  RICE PILAF PEAS & ONIONS  STRAWBERRY SHORTCAKE TEA, COFFEE, JUICE	SALAD BAR SALISBURY STEAK OR PORK CUTLETS  ROAST BABY ASST. VEGETABLE  ECLAIRS TEA, COFFEE, JUICE	SALAD BAR  STUFFED PEPPERS OR SWEET & SOUR PORK  BUTTERED NOODLES MIXED BEANS  CHERRY CRISP TEA, COFFEE, JUICE	SALAD BAR SALMON OR PORK TENDERLOIN  GARLIC MASHED BROCCOLI LEMON MERINGUE TEA, COFFEE, JUICE	SALAD BAR LASAGNA OR CHICKEN PARMESAN  O'BRIEN POTATOES SPAGHETTI SQUASH  WARM APPLE TEA, COFFEE, JUICE
SNACK	ASST. GOODIES TEA, COFFEE ASST. FRUIT	ASST. GOODIES TEA, COFFEE ASST. FRUIT	ASST. GOODIES TEA, COFFEE ASST. FRUIT	ASST. GOODIES TEA, COFFEE ASST. FRUIT	ASST. GOODIES TEA, COFFEE ASST. FRUIT	ASST. GOODIES TEA, COFFEE ASST. FRUIT	ASST. GOODIES TEA, COFFEE ASST. FRUIT
DINNER	SALAD BAR ROAST TURKEY STUFFING GRAVY MASHED POTATOES SWEET POTATO  PUMPKIN PIE TEA, COFFEE, JUICE	SALAD BAR SOUP DU JOUR  BEEF DIP POTATO WEDGES  PEANUT BUTTER TEA, COFFEE, JUICE	SALAD BAR SOUP DU JOUR  PANCAKES W/ FRUIT & CREAM  BUTTER TART TEA, COFFEE, JUICE	SALAD BAR SOUP DU JOUR  ORANGE GINGER RICE  BANANA LOAF TEA, COFFEE, JUICE	SALAD BAR SOUP DU JOUR  CLUBHOUSE POTATO CHIPS  DATE SQUARE TEA, COFFEE, JUICE	SALAD BAR SOUP DU JOUR  CABBAGE ROLL BOILED POTATO  CHOCOLATE CHIP TEA, COFFEE, JUICE	SALAD BAR SOUP DU JOUR  BEEF STEW FRESH BUN  RICE KRISPIE TEA, COFFEE, JUICE
SNACK	ASST. GOODIES ASST. SANDWICHES TEA, COFFEE ASST. FRUIT	ASST. GOODIES CHEESE & CRACKERS TEA, COFFEE ASST. FRUIT	ASST. GOODIES VEGGIES & DIP TEA, COFFEE ASST. FRUIT	ASST. GOODIES COLD CUTS TEA, COFFEE ASST. FRUIT	ASST. GOODIES CHEESE & CRACKERS TEA, COFFEE ASST. FRUIT	ASST. GOODIES ASST. SANDWICHES TEA, COFFEE ASST. FRUIT	ASST. GOODIES VEGGIES & DIP TEA, COFFEE ASST. FRUIT